

LAKESIDE MEDICAL PRACTICE

SWINE FLU

If you or a friend or relative is suffering flu-like symptoms please follow the advice below:-

If you or the patient are in any of the following categories, **please ring the Surgery.**

- suffering from any other illness or condition
- are pregnant
- under 1 year of age
- a child whose condition has suddenly worsened
- suffering the symptoms for more than 7 days (5 days for a child)

If you are not in the above categories you can call the National Pandemic Flu Service on **0800 1 513 100**

The service operator will check your symptoms and if they advise treatment then they will tell you / your friend where you can collect your **FREE** anti-viral medicine. **YOU WILL NOT NEED TO VISIT THE SURGERY.**

The nearest anti-viral collection centre is:

The Oval Clinic, Sherwood Park Avenue, Sidcup (8am - 8pm)

If you require anti-viral medicine you will be given a special code by the Help Line to take to the Sidcup Collection Point.

The person collecting the medicine must be well and will have to take identification for his/herself as well as the patient.

You will need a pen and paper handy to write down the code number and any information the Help Line will ask you about the patient.
