

# **TIME TO GET YOUR FLU VACCINATION**

## **WALK-IN FLU CLINICS**

**We are holding walk-in Flu Clinics  
on:**

**Tuesday 27<sup>th</sup> September between  
2pm - 6pm**

**Tuesday 4<sup>th</sup> October between  
2pm - 6pm**

**These clinics are for Adults only  
**NO NEED TO BOOK****

**For appointments at other times and for children  
who need a flu vaccination  
please ask at reception.**

**You need to have a Flu vaccination if you are aged 65 years or over - or if  
you have:**

- **A serious heart problem**
- Lowered Immunity
- **A serious chest complaint such as asthma or COPD**
- Diabetes
- **A serious kidney disease**
- A serious liver disease
- **Pregnant**
- Had a stroke